

naturally vitalising





Dear guests,

Take your time. For yourself. Wonderful days,
unforgettable moments. Find the real you again.
Renew your strength. Concentrate on the essence.
Experience how nice it is to do nothing. Holiday the way it should be.
Determine your own pace. Indulge yourself.
Be cosy and feel well.



TIPS and INFORMATION for even more wellbeing

Our reception is open for you from 8 am until 10 pm.
In order to fulfil your wishes and requests optimally, we suggest you
arrange your appointments prior to arrival. You may also do this by email at office@waldklause.at.
When making your reservation, it is particularly important to inform us of a possible pregnancy,
health problems or illnesses.
Please come in a bathrobe and take a seat in the waiting room.
You will be picked up by your therapist.

Please wear bathing apparel or underwear for massages.
If possible, come a few minutes early to your appointment.
If you arrive late, we trust you will understand that the treatment procedure may have to be changed or shortened. All treatments include a short relaxation period.

We are sure you will understand that cancellations of reserved treatments may only be accepted up until the day before. Cancellations made later are subject to payment of 70% of the price.

New treatments for your wellbeing

OUR PHILOSOPHY

Our world has become fast-paced and hectic.

We need lots of energy every day to complete all our tasks.

In order to keep up.

To stand out with new ideas.

All the more important to make use of the precious time here.

Replenish your energy, experience pure relaxation, learn to be attentive, here with us - at the Naturhotel Waldklause.

For YOU are the most important!

PURE

Head – neck – shoulder massage

80 min € 95,-

This intensive massage focuses specifically on complaints in the head, neck and shoulders. The massage is tailored to your personal needs. A combination of massage techniques and deep stroking movements with arnica herbal oil relieve muscle stiffness and tension. This intensive massage creates a feeling of wellbeing, relaxation and inner peace. The treatment lasts 60 minutes followed by a 20-minute relaxation period with warm herbal headrests on our new infrared relaxation lounge.

ANTI-STRESS

Aromatic oil massage

50 min € 70,-

A soothing relaxing massage with wonderfully scented organic aromatic oils. You can escape the everyday routine for a moment - soothing for body, mind and soul.

FEEL THE NATURE

80 min € 95,-

Regenerate with a herbal foot bath and foot massage, a vitalising massage with warm herbal stamps and arnica wraps for the joints. The treatment lasts 60 minutes followed by a 20-minute relaxation period with warm herbal headrests on our new infrared lounge.



Togetherness with a baby tummy

Enjoy relaxing and stimulating hours together during this very special time.

For HER

Baby Moon massage 50 min.

Pedicure and Shorty facial treatment following Comfort Zone 100 min.

For HIM

Relaxing massage with herbal stamps 50 min.

Entire package for HER and HIM

€ 205,-

Baby Moon massage individual treatment

50 min € 68,-

Classical massages

Partial massage

Intensive massage for the back

25 min € 38,-

Full body massage

50 min € 62,-

Foot reflexology

25 min € 38,-

50 min € 62,-

Combined massage

Combination of foot reflexology and partial massage

50 min € 62,-

Lymphatic drainage

For the face

25 min € 38,-

Breuss massage

Deep massage of the spinal musculature

50 min € 72,-

Special neck massage

25 min € 42,-

Intensive special massage

Made to order

50 min € 70,-

Men's Spa



Basic anti-stress treatment for men

50 min € 72,-

- A small, but exquisite facial treatment for men. Following a thorough facial cleansing you can relax while enjoying a soothing massage of the face and neck. A mask suited to your skin puts the finishing touch on the treatment.

Men Short Spa

1 - 2 treatment days € 125,-

- Basic facial treatment for men
- Manicure
- Partial massage with steam-heated herbal stamps

Mountain dreams for Him

2 treatment days € 148,-

- Partial massage with steam-heated herbal stamps
- Herbal wraps for the joints
- Herbal foot bath with foot massage
- Brine or herbal steam bath to warm the body, open the pores and inhale
- Full body massage with steam-heated herbal stamps
- Head and facial massage

Energetic massages

Nuad Tao -Thai

Foot and leg massage

50 min € 70,-

This massage comes from China originally. It starts with a nurturing cream, relaxing the feet, calves and knees through stroking and tapping movements.

Afterwards, the reflex zones are activated with the help of a small wooden stick to remove energy blockades. In comparison to other foot massages, the Nuad Tao – Thai massage also includes the treatment of the legs. This features gentle stretching, acupressure and a special technique using calf wraps.

Nuad Thai Yoga massage

100 min € 118,-

This massage is performed lying on the floor on a special mat. The hands move in a slow and meditative sequence along the energy channels of the body and normally end with stretching. Muscles and tendons are relaxed, blockades removed and energy channels opened. The body is harmonised and a feeling of extreme lightness and flowing of vital energy sets in. Please wear comfortable clothes.



La Stone

80 min € 92,-

La Stone is a soothing combination of a massage and warm stones. The stones are placed on the energy centres of the body and blockades are removed.

A full-body oil massage with these warm stones will put you into a deeply relaxed and pleasant state.

Sound bowl massage

50 min € 72,-

Through a sound bowl massage, you quickly reach the stage of deep relaxation, as the sound addresses the primal sense of trust in people.

In this way, blockades and tensions can be removed more easily. Each single somatic cell experiences a gentle massage and harmonisation through the sound bowl. Please wear comfortable clothes.

Wonderful powers from alpine nature

The „Power of the Alps“ product line was developed from all of the unsurpassable and soothing natural products from our mountain world. The manufacture of the Alpienne products from raw materials from controlled cultivation guarantees exceptional quality and healing powers.

Each individual product from the „Power of the Alps“ is alpine nature in its purest form. Substances from plants that have been processed with great care in a traditional way, high-quality, cold-pressed oils, natural vitalising water from clear mountain streams, natural alcohol from homemade fruit and berry distillates, honey and propolis products from mountain bee colonies. You will find no chemical or other artificially manufactured additives in any of our products.

All Alpienne products can be purchased in our SPA SHOP.

Natural salt – body peeling 25 min € 38,–

- Honey peeling

Alpienne partial massage 25 min € 42,–

- With steam-heated herbal stamps

Alpienne Relax & Harmony 80 min € 92,–

- Herbal foot bath with foot massage
- Brine or herbal steam bath to warm the body, open the pores and inhale
- Full body massage with steam-heated herbal stamps
- Head and facial massage

Alpienne Relax 50 min € 70,–

- Herbal foot bath with foot massage
- Head, neck and facial massage
- Ideal for those who suffer from migraine headaches or different types of tenseness in the head area



Soothing Alpienne wraps

Arnica wraps 25 min € 30,–

Ideal for vein problems, sports activities, decongestion of the legs

Marmot wraps 25 min € 30,–

Preventative against arthritis, rheumatic complaints, alleviates cramps

St. John's wort wraps 25 min € 30,–

Stimulates metabolism and blood circulation, is skin regenerating and purifying

Individual cosmetic treatments

Manicure and hand care

without nail polish 50 min € 47,-

Manicure and hand care

with nail polish 50 min € 52,-

Paraffin hand bath

€ 18,-

Pedicure and herbal bath

without nail polish 50 min € 50,-

Pedicure and herbal bath

with nail polish 50 min € 55,-

Eyelash colouring

€ 15,-

Eyebrow colouring

€ 11,-

Eyelash & eyebrow colouring

€ 22,-

Eyebrow correction

€ 11,-

RESIN TREATMENT

Upper lip

€ 11,-

Chin

€ 11,-

Lower legs

€ 30,-

Whole leg

€ 47,-

Bikini zone or armpits

€ 15,-



Waldklaus Natur Spa

Time to relax

Time to regenerate

Time to enjoy

TREAT YOURSELF TO TIME!



Rosel Heim

nature + science

Regulative natural cosmetics by Rosel Heim

All Rosel Heim natural cosmetic products take the natural functions and defence mechanisms of the skin into consideration. The raw materials and substances used correspond to the skin's own substances and are therefore absorbed by the skin. In this way, they are much more effective and compatible than substances that are unknown to the skin.

The use of bacterial agents is avoided when conserving the products. Instead, alternative methods and agents are used (e.g. stronger heating in the production or anti-bacterial fragrances) to guarantee adequate conservation.

Dry brushing body treatment by Rosel Heim

With a brush made of horsehair and sisal, the whole body is massaged and the lymph flow and microcirculation of the skin activated. A side effect is the gentle peeling, which stimulates the skin to a physiological regeneration boost. A whole-body cream package firms and tightens the skin. This is followed by a massage with warm squalene oil. The lipoamino acids sustainably increase the moisture content of the skin.

You receive the dry brush as a gift with detailed instructions for use at home.

80 min € 105,-



Facial treatments

Basic facial treatment by Rosel Heim

To start with, the skin is cleansed and an analysis is made of the current state of the skin. A facial massage with a special nutrient substrate and substances attuned to the special needs of your skin prepare the skin for the gentle deep cleaning afterwards. A poultice rounds off the treatment; a day cream is then applied to suit your individual skin type.

80 min € 92,-

Shorty facial treatment by Rosel Heim

Our Shorty facial treatment gives your skin what it needs – and your soul gets some tender loving care too. To start with, the skin is cleansed and the current state of the skin is analysed. Following this, we care for your skin with special substances and give you a relaxing facial massage. A poultice completes the treatment together with the application of a day cream.

50 min € 70,-

[comfort zone]

Experience ...Enjoy... Feel...

[**comfort zone**] offers a complete range of treatments for face and body that fulfil the most demanding wishes. Exclusive massage techniques and tested applications, tailored to the present state of the skin, guarantee the benefits and convenience of our offer. All products are produced on the basis of herbal and aroma therapy and are enriched with dermatological agents.

[] NEW – ANTI-AGE FACIAL TREATMENT

Action sublime regeneration treatment

80 min € 115,-

Deep cleansing treatment with gentle fruit acid, intensive replenishing filler and relaxing facial massage for best results against the signs of age.

Encapsulated, deep penetrating Retinol in combination with hyaluronic acid gives the complexion a visibly younger look.



Facial treatments

[] Basic

facial treatment

80 min € 92,-

We tailor this face treatment to your own personal skin type.

Following a deep cleansing, the skin is treated with the appropriate substances. After this, you receive a massage of face, décolleté and neck. The treatment is concluded with a mask.

[] Shorty

facial treatment

50 min € 70,-

This short, nice facial treatment is perfectly matched to suit your needs.

[] Hydramemory

80 min € 115,-

Exceptional hydration for dry and dehydrated skin.

Hibiscus and honey provide for a pleasant feeling on the skin and replenish the moisture reserves.

[] Glorious Skin

80 min € 115,-

With immediate lifting effect.

Tones the tissue and reduces wrinkles. The skin looks relaxed immediately and has a compact and vital appearance. Substances such as OXY® and vitamin E activate the metabolism of the skin at the same time.

[] Eye Supreme

25 min € 42,-

In combination with a facial treatment

€ 28,-

Specially caters to the sensitive area around the eyes. Active-ingredient complexes have a lifting and regenerating effect. Water accumulation is gently carried off and the eye area takes on a vitalising and fresh look.

Body treatments

[] Fruit peeling

A gentle full-body massage peeling is carried out with the powers of lemon and lactic acid combined with papaya and kiwi extracts that leave your skin silky-soft

The result is impressive! A soothing skin care cream is applied in conclusion of the treatment.

25 min € 38,-

[] Thermal mud pack

A creamy soft mudpack enriched with Monticelli thermal waters detoxifies and drains the tissue.

The water which contains salt, sulphur and iodine, enriched with oils from cypresses, lemon and fennel, give your skin an even and smooth appearance.

[Peeling - pack - massage - care]

50 min € 78,-

[] Let go & relax

Deep relaxation and luxury for your whole body.

A sensual welcoming ritual with unique massage techniques brings you complete relaxation.

The massage combines the scent of vanilla and lavender.

[Body pack – relaxing massage for the body]

50 min € 78,-



SPA programmes

Relaxation days

1 - 2 treatment days 100 min € 110,-

- Full body massage with steam-heated herbal stamps
- Massage of the face and neck
- Foot reflexology

Alpine vital days

1 - 2 treatment days 105 min € 108,-

- Honey peeling-massage
- Herbal foot bath with foot massage
- Brine or herbal steam bath to warm the body, open the pores and inhale
- Full body massage with steam-heated herbal stamps
- Head and facial massage

Wellbeing days

2 treatment days € 148,-

- Pedicure
- Basic facial treatment
- Partial massage with steam-heated herbal stamps

Beauty days

2 treatment days € 210,-

- Basic facial treatment
- Manicure
- Pedicure
- Comfort zone thermal mudpack




★★★★★
NATURHOTEL
WALDKLAUSE



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alpienne
KRAFT DER ALPEN

Rosel Heim
nature+science

[**comfort zone**]